

## THE TOP TEN

- 1 Pick up where you left off**  
`claude --continue` · `claude --resume`  
*Sessions don't evaporate. Start your day with -c.*
- 2 Drop in files by name**  
`@notes/meetings/2026-05-21.md`  
*Autocompletes. Cheaper and cleaner than pasting.*
- 3 Two CLAUDE.md load automatically**  
`./CLAUDE.md + ~/.claude/CLAUDE.md`  
*/init to scaffold one · # to save a memory.*
- 4 The slash menu is your palette**  
`/ /help /clear /compact /cost`  
*Type / and read what's there. The menu is the docs.*
- 5 Plan before you act**  
`Shift+Tab → plan mode`  
*Claude proposes, you approve, then it runs.*
- 6 Run a shell command inline**  
`!git status`  
*Output drops straight into the conversation.*
- 7 Turn a repeated prompt into a command**  
`.claude/commands/standup.md → /standup`  
*The file is the prompt, written once.*
- 8 Interrupt and rewind**  
`Esc` · `Esc Esc`  
*Stop a run; press twice to edit an earlier message.*
- 9 Send research to a subagent**  
`/agents`  
*Heavy reading off to the side; main thread stays clean.*
- 10 Set the safety perimeter once**  
`/permissions` · `.claude/settings.json hooks`  
*Decide what auto-runs vs. what stops for approval.*

## INPUT

- `@file` attach a file or folder by path
- `!cmd` run a shell command inline
- `# text` save a memory to CLAUDE.md
- `\ + Enter` newline (or Option+Enter on Mac)
- `think` spend more reasoning; "ultrathink" for max
- `/model` switch model mid-session

## SESSIONS

- `-c` continue the most recent session
- `-r` resume: pick from past sessions
- `/clear` wipe context when you switch tasks
- `/compact` summarize to reclaim room
- `Ctrl+D` exit cleanly (it's saved)

## HEADLESS &amp; PIPES

- `claude -p ""` one-shot, no session; runs in scripts
- `cat f | claude -p` pipe data straight in
- `--output-format json` structured output for scripting

## WHEN STUCK

- `Esc` stop a run going the wrong way
- `/clear` reset a confused session
- `claude doctor` diagnose the install